



# SERVING UP SUMMER FUN AT ETC

**JUNE 5<sup>TH</sup> – AUGUST 16<sup>TH</sup>**

**INDOOR AIR CONDITIONED COURTS**

**LED BY CERTIFIED USPTA/USPTR COACHES**



**Camps Run Monday - Thursday**

**Camps Run Monday, Tuesday and Wednesday**

## ***Chargers (Ages 4-6)***

Beginning players will use a reduced size court and racquet. Hitting with the **Red** ball, which is 15% bigger than a standard tennis ball, making it easier to hit, and helping children enjoy tennis.

**Days: Mon-Thur**      **Time: 9 - 9:45am**  
**Price Per Week:**      Member/Guest \$55  
**Daily Rate (higher):**      Member/Guest \$15

## ***Crushers Ages (6-8)***

Reduced size court and racquet with **Orange** ball which bounces at 50% less speed of a regular tennis ball. Easier to hit helping children enjoy tennis and be happy with their progress. Focus on athletic skills, hand-eye coordination, tennis etiquette, and basic strokes.

**Days: Mon-Thur**      **Time: 10 - 11am**  
**Price Per Week:**      Member \$65/Guest \$80  
**Daily Rate (higher):** Member \$18/Guest \$21

## ***Champs (Ages 9-12)***

Players will learn how to serve, rally and play. Athletic development, tennis etiquette and basic strokes are emphasized while having fun! **Green** ball bounces at 75% of the speed of a regular ball, which accelerates the learning rate.

**Days: Mon-Thur**      **Time: 11am – 12pm**  
**Price Per Week:**      Member \$65/Guest \$80  
**Daily Rate (higher):** Member \$18/Guest \$21

## ***Challengers 1 (Ages 10+)***

Developing players that have match play experience and wanting to improve their tennis skills. Emphasis is on stroke production, footwork skills, and match play.

### **Participant Requirements:**

- High School Junior Varsity or Varsity player or actively playing USTA tournaments
- Ability to serve, rally and score

## ***Challengers 2 (Ages 13+)***

Developing players that may have match play experience and wanting to improve their tennis skills. Emphasis is on beginning stroke production, footwork skills, and match-play. This class is for **beginning teen players** with minimal or no match play experience.

**Days: Mon-Thur**      **Time: 1-2:30pm**  
**Price Per Week:**      Member \$75/Guest \$90  
**Daily Rate (higher):** Member \$20/Guest \$23

Session	Dates
Week 1	June 5 - June 8*
Week 2	June 11 - June 14
Week 3	June 18 - June 21
Week 4	June 25 - June 28
Week 5	July 9 - July 12
Week 6	July 16 - July 19
Week 7	July 23 - July 26
Week 8	July 30 – Aug 2
Week 9	Aug 6 – Aug 9
Week 10	Aug 13 – Aug 16

**No  
Camps  
July  
2nd –  
July  
5th**

## **Eagle Tennis Academy (ETA) 1 and ETA 2 High Performance and Tournament Training**

This program is designed to enhance the development of experienced junior players competing in tournaments.

**Technique** - Stroke development: how to hit the ball with purpose

**Strategy and Tactics** - How to play smarter and more effectively

**Mental Toughness** - The psychological and emotional aspects of the game

**Conditioning** - Strength and flexibility

**Movement** - Balance, agility, and explosiveness

### **ETA 1 Participant Requirements:**

Playing High School Varsity and or actively competing in USTA Sectional or National level tournaments

### **Pre-approval by ETA 1 Coach**

### **ETA 2 Participant Requirements:**

Actively playing district level tournaments  
 Pre-approval by ETA 2 Coach

**Days: Mon, Tues, Wed**      **Time: 2:30-4pm**

**Price Per Week (3 days):** Member \$56/Guest \$66

**Daily Rate (higher):** Member \$20/Guest \$23

**ETC Junior Camps Fill  
Up Quickly, Sign Up  
Today!**

**\*Week 1 – Camps Run Tues - Fri**

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